SOCIAL EMERGENCY RESPONSE CENTER: HARTFORD

SCHEDULE

The 224: 224 Farmington Avenue, Hartford, CT 06105

FREE AND OPEN TO ALL

SATURDAY 1/20

10:00AM - 6:00PM

10:00am >>	**Welcome + Free Breakfast** - with Tenaya
Ongoing both days	**Free-Form Conversations: "How Might We _____?"** **Live Music / Jam** **Visual Plotting: Understand + Inform + Reflect** **Radical Library (including children's books!)** **Writing Postcards to Hartford GYN Patients**
10:30-11:30am	**Make Slime + Chill** - with TD Taylor from Hartford Etc
10:30-11:30am	**Collective Vision: Sanctuary + Community Healing** with Sonsharae Owens
11:30am-1:00pm	**Free Lunch**
12:00-1:50pm	**Jam Session + Spoken Word** - with Anti-Division League
12:00-1:50pm	**Tarot and Oracle Readings** - with Sarana Beik
12:00-1:50pm	**How Do We Divest From A System That Is Harming Us?** Visioning exercise lead by Kristianna Smith
2:00-3:50pm	**Community Dance: Funky Fitness** - with Latoya Walker from Footwork and Sole
2:00-3:50pm	**A Little Bit Of Death: Releasing What No Longer Serves Us** Art / writing activity with Zulynette
2:00-3:50pm	**Justice in Our Local Food System** with Summer of Solutions + Grow Hartford Youth Leaders
4:00-5:00pm	**Soul Yoga (yoga + sound healing)** - with Shelley Best
5:00-6:00pm	**Free Dinner**
5:00-6:00pm	**Movie Screening** - American Revolutionary: The Evolution of Grace Lee Boggs

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SUNDAY 1/21

10:00AM - 4:00PM

10:00am >>	**Welcome + Free Brunch**
10:30-11:30am	**Printmaking: Messages of Resistance, Liberation, and Encouragement** - with Josh Michtom
10:30-11:30am	**Guided Meditation** - with Ebonie Goulbourne
10:30-11:30am	**Hartford Welcomes Puerto Rican Families after Maria (english + spanish)** - details TBD
12:00-1:50pm	**Collage & Writing: Stories of Our Past / Visions for Our Future** - with Jasmin Agosto
12:00-1:50pm	**Movement for Non-Dancers** - with Arien Wilkerson
12:00-1:50pm	**Session TBD** - with youth leaders
2:00-3:50pm	**Crafts + artmaking -** with various artists
2:00-3:50pm	**Rituals of Self Love -** with Azua Echevarria
2:00-3:50pm	**Renter's Rights Workshop (english + spanish)** with Connecticut Fair Housing Center

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